

# PART2: CAN YOU LABEL THE DIGESTIVE SYSTEM?

Cut out the labels and stick them onto the body to complete the digestive system.



## YOUR LABELS

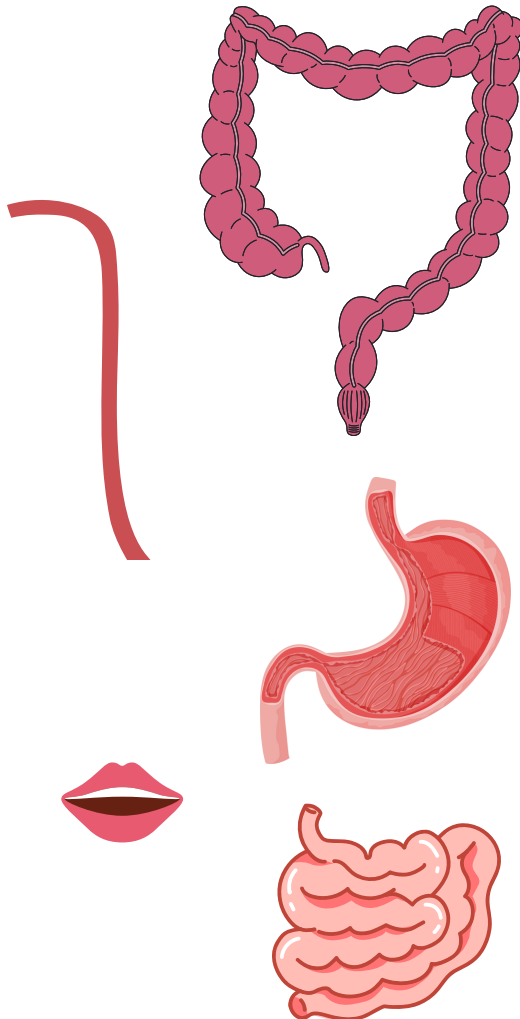
STOMACH

SMALL INTESTINE

MOUTH

LARGE INTESTINE

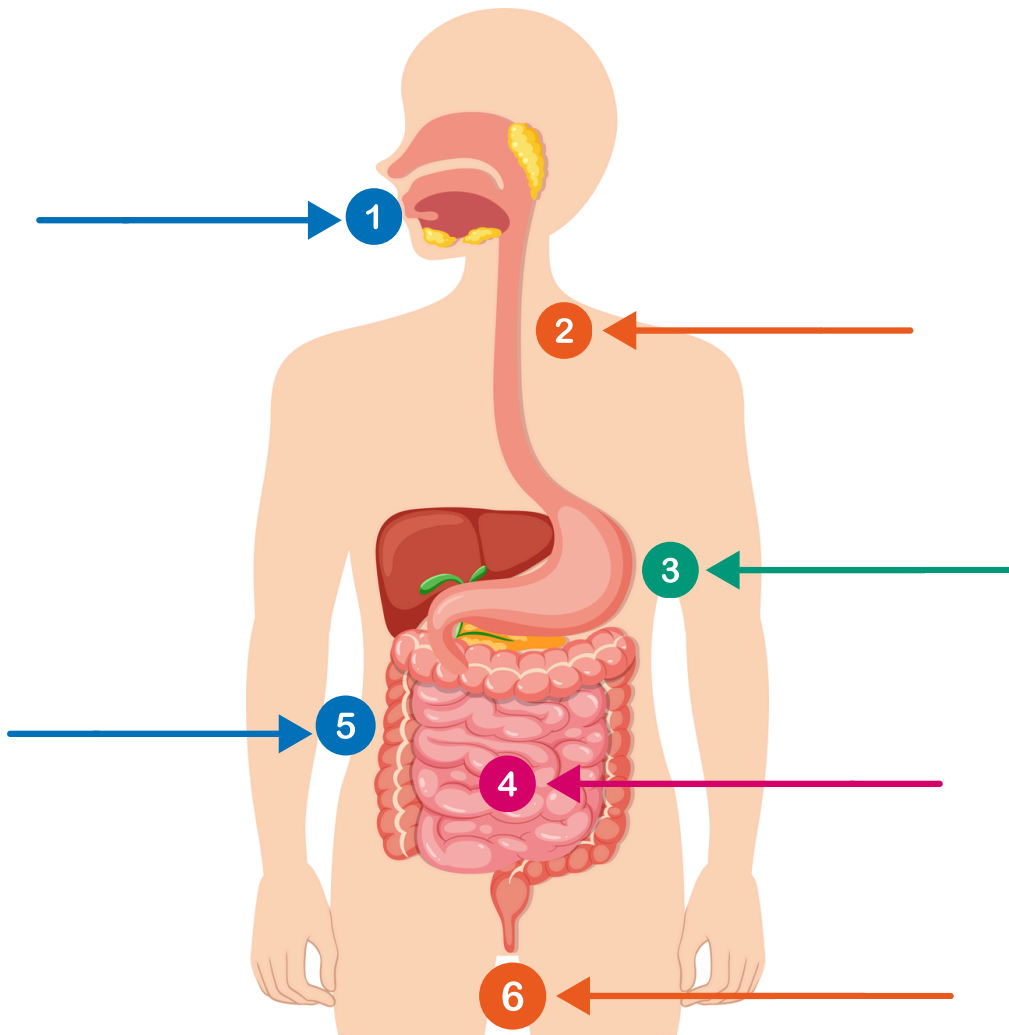
OESOPHAGUS



# PART2: UNDERSTANDING THE DIGESTIVE SYSTEM

Complete this worksheet to better understand more about your digestive system.

**Part 1:** Can you correctly label the digestive system?



Anus   Mouth   Oesophagus   Small intestine   Stomach   Large intestine

**Part 2:** Can you explain why the digestive system is important for us...

**Word bank:** food, nutrients, absorb, energy, fuel, healthy

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**Part 3:** Can you explain why a balanced diet is important for our digestive system... **Word bank:** fibre, healthy, nutrients, energy

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**Part 4:** Please draw some foods you might see in a balanced diet.

*Try to think about which of these foods will also support your gut health.*

# PART2: CAN YOU LABEL THE DIGESTIVE SYSTEM?



Complete this worksheet to better understand more about your digestive system.

## Part 1: Can you correctly label the digestive system?

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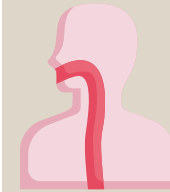
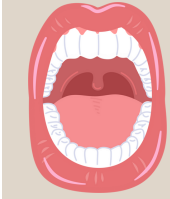
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## Part 2: Can you fill in the gaps about the function of the digestive system?

This is where \_\_\_\_\_ begins. Food is broken down by \_\_\_\_\_, which triggers your body to make saliva that contains digestive enzymes.

Your tongue pushes your \_\_\_\_\_ to the back of your throat to travel down your \_\_\_\_\_.

The muscles in this organ churn and mix with \_\_\_\_\_. This acid helps digest food and gets rid of unwanted \_\_\_\_\_.  
Food is now called chyme.

Vitamins and minerals are \_\_\_\_\_ into the body here. Proteins, fats and \_\_\_\_\_ are also absorbed here.

This is where the body removes \_\_\_\_\_ from the chyme.

The unwanted food and \_\_\_\_\_ is ready to \_\_\_\_\_ the body.

Anus Mouth Oesophagus Small intestine Stomach Large intestine

Water Digestion Absorbed Oesophagus Waste Food Bacteria  
Leave Stomach acid Chewing Carbohydrates